

NOLAN CHIROPRACTIC

Dr. Robert Nolan

Cell Number _____

Email Address _____

CONFIDENTIAL PATIENT INFORMATION

Date _____ SS # _____

Name _____ Phone # _____

Local Address _____ City/State/Zip _____

Other Address _____ City/State/Zip _____

Age _____ Birth Date ____/____/____ Marital Status S M W D How many children _____

Occupation _____ Employer _____ Work phone # _____

Work Address _____ City/State/Zip _____

Name of Spouse _____ Occupation _____ Employer _____

Work Address _____ City/State/Zip _____ Phone # _____

Who referred you to our office? _____

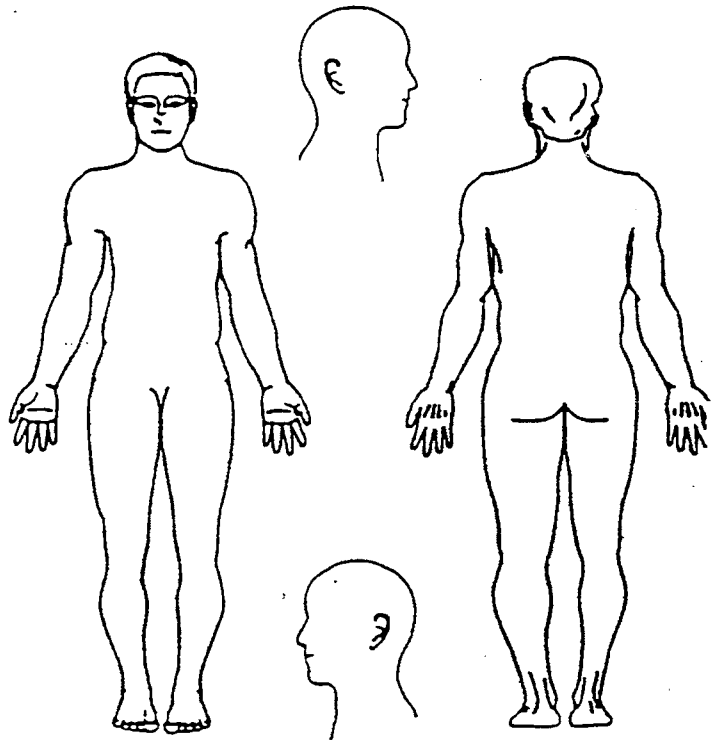
INSURANCE CO _____

List present complaints, injuries and duration and when specifically the symptoms or pain began:

1. _____

2. _____

Please mark your areas of pain on the figures below



Brief remarks and details of any recent related accident:

Are symptoms
() getting worse, () getting better, or () staying the same?

List any doctors consulted for present complaints and injuries:

Name _____ Specialty _____

Address _____

Consulted from _____ to _____

Name _____ Specialty _____

Address _____

Consulted from _____ to _____

0 _____ 5 _____ 10

How bad is your pain (circle 0 no pain to 10 unbearable)

Please **circle** current conditions - (✓) check former conditions
 *(Please give details on any marked areas at the bottom of the page.)

GENERAL SYMPTOMS

- Headache
- Fever
- Chills
- Sweats
- Fainting
- Dizziness
- Convulsions
- Loss of Sleep
- Fatigue
- Nervousness
- Gain/Loss of Weight
- Numbness/pain in arms, hands, legs
- Allergy
- Wheezing
- Neuralgia/neuritis
- Depression

E.E.N.T.

- Failing vision
- Near sightedness
- Far sightedness
- Crossed eyes
- Eye pain
- Deafness
- Earache
- Ear discharge
- Nose bleeds
- Nasal obstruction
- Sore throat
- Hoarseness
- Hay fever

HAVE YOU HAD ANY OF THE FOLLOWING DISEASES?

- Appendicitis
- Scarlet fever
- Diphtheria
- Typhoid fever
- Pneumonia
- Rheumatic fever
- Polio
- Malaria

E.E.N.T. continued

- Tinnitus
- Asthma
- Gum trouble
- Frequent colds
- Enlarged thyroid
- Tonsillitis
- Sinus infection
- Nasal drainage
- Enlarged glands

SKIN

- Skin eruptions
- Itching
- Bruises easily
- Dryness
- Boils
- Varicose veins
- Sensitive skin
- Hive or allergy

RESPIRATORY

- Chronic cough
- Spitting up phlegm
- Spitting up blood
- Chest pain
- Difficult breathing

CARDIOVASCULAR

- Rapid beating heart
- Slow beating heart
- High blood pressure
- Low blood pressure

CARDIOVASCULAR cont'd

- Pain over heart
- Previous heart attack
- Hardening of arteries
- Swelling of ankles
- Poor circulation
- Paralytic stroke
- Aneurysm

MUSCLE & JOINT

- Stiff neck
- Backache
- Swollen joints
- Painful tailbone
- Foot trouble
- Pain in shoulders
- Hemia
- Spinal curvature
- Faulty posture
- Arthritis

GENITOURINARY

- Frequent urination
- Painful urination
- Blood in urine
- Pus in urine
- Kidney infection
- Kidney stones
- Bed wetting
- Inability to control urine
- Prostate trouble

GASTROINTESTINAL

- Poor appetite
- Difficult digestion
- Excessive hunger
- Belching or gas
- Nausea
- Vomiting
- Vomiting of blood
- Pain over stomach
- Constipation
- Colon trouble
- Hemorrhoids (piles)
- Intestinal worms
- Liver trouble
- Gall bladder trouble
- Jaundice
- Colitis

FOR WOMEN ONLY

- Painful menstruation
- Excessive flow
- Hot flashes
- Irregular cycle
- Cramps or backache
- Previous miscarriage
- Vaginal discharge
- Congested breast
- Lumps in breast
- Menopausal symptom
- Pregnancy

- Diabetes
- Cancer
- Heart disease
- Goiter
- Influenza
- Pleurisy
- Alcoholism
- Venereal infection

- Epilepsy
- Mental disorder
- Eczema
- Drug dependency
- Emphysema
- Asthma
- H.I.V.
- AIDS
- _____

Coffee, tea, caffeinated soft drinks (cups per day) _____ Tobacco (packs per day) _____

DO YOU HAVE A PERMANENT DISABILITY RATING? _____ Location _____ Date received _____
 rating percentage _____

COMMENTS: _____

PAST HEALTH HISTORY

What surgeries have you had and/or fractures or broken bones, etc?

Type/When/Doctor/Remarks _____

List former serious accidents, injuries and/or falls: (auto, work, home, leisure, other)

What/When/Symptoms/Treatment/Results _____

List medications and/or diet supplements you take:

What/Frequency/Doctors/Side Effects/How long taken/Remarks _____

Do you wear orthotics, heel or sole lifts, in your shoes? _____

OCCUPATIONAL (PLEASE CIRCLE APPROPRIATE ANSWER & GIVE DETAILS BELOW)

Seated / Standing Work Bench / Desk Counter / Other

Job involves — lifting (how much weight) / bending / stooping / twisting / turning / carrying / walking / standing / other

Chair — Executive / Steno / Bench / Stool / Folding / Other _____

Shoes — High heels / boots / other _____

Do any work activities aggravate present main complaints? (describe) _____

Comments _____

LEISURE

Sedentary activities — TV/reading/card games/sewing/other (circle all applicable & describe how long) _____

Strenuous activities — Sports/exercise (type, frequency, length of time) Have you had to discontinue any activities?
describe _____

How would you grade your general stress level?

- No stress Minimal stress Moderate stress Greatly stressed

Physical activity at work

- sedentary more than 50% of workday light manual labor manual labor heavy manual labor

General physical activity

- no regular program light exercise program strenuous exercise program

X-RAY CONFIRMATION: This is to confirm that I have been advised by this office that x-rays can be hazardous to an unborn child. At this time, to the best of my knowledge, I am not pregnant, and I consent to spinographic pictures.

X Signed: _____

CONSENT TO TREAT A MINOR CHILD: I hereby authorize this office to administer chiropractic as deemed necessary to my child.

Signed _____ (Parent / Legal Guardian)

I UNDERSTAND and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that this chiropractic office may prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to this chiropractic office will be credited to my account on receipt. However, I clearly understand and agree that all services rendered me are charged directly to me, and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional services rendered me will be immediately due and payable.

X Patient's signature _____ Date _____

Guardian or Spouse's signature _____ Date _____

Information taken by _____ Date _____

SYMPTOM SURVEY FORM

Patient _____ M / F Date _____

INSTRUCTIONS:

LEAVE THE QUESTION BLANK if the question does not apply to you.

CIRCLE (1) for MILD symptoms (occurring once or twice a year).

CIRCLE (2) for MODERATE symptoms (occurring several times a month).

CIRCLE (3) for SEVERE symptoms (you are aware of it almost constantly)

GROUP ONE

- | | | |
|---------------------------------------|-------------------------------------------|--------------------------------------|
| 1. 1 2 3 Acid foods upset | 8. 1 2 3 Gag easily | 15. 1 2 3 Appetite reduced |
| 2. 1 2 3 Get chilled often | 9. 1 2 3 Unable to relax; startles easily | 16. 1 2 3 Cold sweats often |
| 3. 1 2 3 "Lump" in throat | 10. 1 2 3 Extremities cold, clammy | 17. 1 2 3 Fever easily raised |
| 4. 1 2 3 Dry mouth-eyes-nose | 11. 1 2 3 Strong light irritates | 18. 1 2 3 Tingling, Nerve-like pains |
| 5. 1 2 3 Pulse speeds after meals | 12. 1 2 3 Urine amount reduced | 19. 1 2 3 Staring, blinks little |
| 6. 1 2 3 Keyed up – fail to calm down | 13. 1 2 3 Heart pounds after retiring | 20. 1 2 3 Sour stomach frequent |
| 7. 1 2 3 Cuts heal slowly | 14. 1 2 3 "Nervous" stomach | |

GROUP TWO

- | | | |
|----------------------------------------------------------|----------------------------------------------|------------------------------------------------|
| 21. 1 2 3 Joint stiffness after arising | 29. 1 2 3 Digestion rapid | 37. 1 2 3 "Slow starter" |
| 22. 1 2 3 Muscle-leg-toe cramps at night | 30. 1 2 3 Vomiting frequent | 38. 1 2 3 Get "chilled" infrequently |
| 23. 1 2 3 "Butterfly" stomach, cramps | 31. 1 2 3 Hoarseness frequent | 39. 1 2 3 Perspire easily |
| 24. 1 2 3 Eyes or nose watery | 32. 1 2 3 Breathing irregular | 40. 1 2 3 Circulation poor, sensitive to cold |
| 25. 1 2 3 Eyes blink often | 33. 1 2 3 Pulse slow; feels irregular | 41. 1 2 3 Subject to colds, asthma, bronchitis |
| 26. 1 2 3 Eyelids swollen, puffy | 34. 1 2 3 Gagging reflex slow | |
| 27. 1 2 3 Indigestion soon after meals | 35. 1 2 3 Difficulty swallowing | |
| 28. 1 2 3 Always seems hungry; feels "lightheaded" often | 36. 1 2 3 Constipation, diarrhea alternating | |

GROUP THREE

- | | | |
|------------------------------------------|--------------------------------------------------------------------|-------------------------------------------------------|
| 42. 1 2 3 Eat when nervous | 49. 1 2 3 Heart palpitates if meals missed or delayed | 53. 1 2 3 Crave candy or coffee in afternoon |
| 43. 1 2 3 Excessive appetite | 50. 1 2 3 Afternoon headaches | 54. 1 2 3 Moods of depression – "blues" or melancholy |
| 44. 1 2 3 Hungry between meals | 51. 1 2 3 Overeating sweets upsets | 55. 1 2 3 Abnormal craving for sweets or snacks |
| 45. 1 2 3 Irritable before meals | 52. 1 2 3 Awaken after few hours sleep – hard to get back to sleep | |
| 46. 1 2 3 Get "shaky" if hungry | | |
| 47. 1 2 3 Fatigue, eating relieves | | |
| 48. 1 2 3 "Lightheaded" if meals delayed | | |

GROUP FOUR

- | | | |
|-------------------------------------------------------|----------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| 56. 1 2 3 Hands and feet go to sleep easily, numbness | 63. 1 2 3 Get "drowsy" often | 68. 1 2 3 Bruise easily, "black and blue" spots |
| 57. 1 2 3 Sigh frequently, "air" | 64. 1 2 3 Swollen ankles worse at night | 69. 1 2 3 Tendency towards anemia |
| 58. 1 2 3 Aware of "breathing heavily" | 65. 1 2 3 Muscle cramps, worse during exercise; get "charley horses" | 70. 1 2 3 "Nose bleeds" frequent |
| 59. 1 2 3 High altitude discomfort | 66. 1 2 3 Shortness of breath on exertion | 71. 1 2 3 Noises in head, or "ringing in the ears" |
| 60. 1 2 3 Opens windows in closed room | 67. 1 2 3 Dull pain in chest or radiating into left arm, worse on exertion | 72. 1 2 3 Tension under breastbone or feeling of "tightness", worse on exertion |
| 61. 1 2 3 Susceptible to colds and fevers | | |
| 62. 1 2 3 Afternoon yawner | | |

GROUP FIVE

- | | | |
|-------------------------------------------------------|--------------------------------------------------------|-----------------------------------------------|
| 73. 1 2 3 Dizziness | 83. 1 2 3 Feeling queasy; headache over eyes | 91. 1 2 3 Sneezing attacks |
| 74. 1 2 3 Dry skin | 84. 1 2 3 Greasy foods upset | 92. 1 2 3 Dreaming, nightmare type bad dreams |
| 75. 1 2 3 Burning feet | 85. 1 2 3 Stools light-colored | 93. 1 2 3 Bad breath (halitosis) |
| 76. 1 2 3 Blurred vision | 86. 1 2 3 Skin peels on soles of feet | 94. 1 2 3 Milk products cause distress |
| 77. 1 2 3 Itching skin and feet | 87. 1 2 3 Pain between shoulder blades | 95. 1 2 3 Sensitive to hot weather |
| 78. 1 2 3 Excessive falling hair | 88. 1 2 3 Use laxatives | 96. 1 2 3 Burning or itching anus |
| 79. 1 2 3 Frequent skin rashes | 89. 1 2 3 Stools alternate from soft to watery | 97. 1 2 3 Crave sweets |
| 80. 1 2 3 Bitter, metallic taste in mouth in mornings | 90. 1 2 3 History of gallbladder attacks or gallstones | |
| 81. 1 2 3 Bowel movements painful or difficult | | |
| 82. 1 2 3 Worrier, feels insecure | | |

GROUP SIX

- | | | |
|--------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------|
| 98. 1 2 3 Loss of taste for meat | 101. 1 2 3 Coated tongue | 104. 1 2 3 Mucous colitis or |
| 99. 1 2 3 Lower bowel gas several hours after eating | 102. 1 2 3 Pass large amounts of foul-smelling gas | 105. 1 2 3 Gas shortly after eating |
| 100. 1 2 3 Burning stomach sensations, eating relieves | 103. 1 2 3 Indigestion 1/2 - 1 hour after eating; may be up to 3 - 4 hrs. | 106. 1 2 3 Stomach "bloating" after eating |

GROUP SEVEN

- | | | |
|--------------------------------------------------------|----------------------------------------------------|-------------------------------------------------|
| (A) | | (E) |
| 107. 1 2 3 Insomnia | | 150. 1 2 3 Dizziness |
| 108. 1 2 3 Nervousness | | 151. 1 2 3 Headaches |
| 109. 1 2 3 Can't gain weight | (C) | 152. 1 2 3 Hot flashes |
| 110. 1 2 3 Intolerance to heat | 137. 1 2 3 Failing memory | 153. 1 2 3 Increased blood pressure |
| 111. 1 2 3 Highly emotional | 138. 1 2 3 Low blood pressure | 154. 1 2 3 Hair growth on face or body (female) |
| 112. 1 2 3 Flush easily | 139. 1 2 3 Increased sex drive | 155. 1 2 3 Sugar in urine (not diabetes) |
| 113. 1 2 3 Night sweats | 140. 1 2 3 Headaches, "splitting or rending" type | 156. 1 2 3 Masculine tendencies (female) |
| 114. 1 2 3 Thin, moist skin | 141. 1 2 3 Decreased sugar tolerance | |
| 115. 1 2 3 Inward trembling | | (F) |
| 116. 1 2 3 Heart palpitates | | 157. 1 2 3 Weakness, dizziness |
| 117. 1 2 3 Increased appetite without weight gain | (D) | 158. 1 2 3 Chronic fatigue |
| 118. 1 2 3 Pulse fast at rest | 142. 1 2 3 Abnormal thirst | 159. 1 2 3 Low blood pressure |
| 119. 1 2 3 Eyelids and face twitch | 143. 1 2 3 Bloating of abdomen | 160. 1 2 3 Nails, weak, ridged |
| 120. 1 2 3 Irritable and restless | 144. 1 2 3 Weight gain around hips or waist | 161. 1 2 3 Tendency toward hives |
| 121. 1 2 3 Can't work under pressure | 145. 1 2 3 Sex drive reduced or lacking | 162. 1 2 3 Arthritic tendencies |
| (B) | 146. 1 2 3 Tendency toward ulcers, colitis | 163. 1 2 3 Perspiration increase |
| 122. 1 2 3 Increase in weight | 147. 1 2 3 Increased sugar tolerance | 164. 1 2 3 Bowel disorders |
| 123. 1 2 3 Decrease in appetite | 148. 1 2 3 Women: menstrual disorders | 165. 1 2 3 Poor circulation |
| 124. 1 2 3 Fatigue easily | 149. 1 2 3 Young girls: lack of menstrual function | 166. 1 2 3 Swollen ankles |
| 125. 1 2 3 Ringing in ears | | 167. 1 2 3 Crave salt |
| 126. 1 2 3 Sleepy during day | | 168. 1 2 3 Brown spots or bronzing of skin |
| 127. 1 2 3 Sensitive to cold | | 169. 1 2 3 Allergies - tendency to asthma |
| 128. 1 2 3 Dry or scaly skin | | 170. 1 2 3 Weakness after colds, influenza |
| 129. 1 2 3 Constipation | | 171. 1 2 3 Exhaustion - muscular and nervous |
| 130. 1 2 3 Mental sluggishness | | 172. 1 2 3 Respiratory disorders |
| 131. 1 2 3 Hair coarse, falls out | | |
| 132. 1 2 3 Headaches upon arising, wear off during day | | |
| 133. 1 2 3 Slow pulse, below 65 | | |
| 134. 1 2 3 Frequency of urination | | |
| 135. 1 2 3 Impaired hearing | | |
| 136. 1 2 3 Reduced initiative | | |

FEMALE ONLY

173. 1 2 3 Very easily fatigued
 174. 1 2 3 Premenstrual tension
 175. 1 2 3 Painful menses
 176. 1 2 3 Depressed feelings before menstruation
 177. 1 2 3 Menstruation excessive and prolonged
 178. 1 2 3 Painful breasts
 179. 1 2 3 Menstruate too frequently
 180. 1 2 3 Vaginal discharge
 181. 1 2 3 Hysterectomy/ovaries removed
 182. 1 2 3 Menopausal hot flashes
 183. 1 2 3 Menses scanty or missed
 184. 1 2 3 Acne, worse at menses
 185. 1 2 3 Depression of long standing

MALE ONLY

186. 1 2 3 Prostate trouble
 187. 1 2 3 Urination difficult or dribbling
 188. 1 2 3 Night urination frequent
 189. 1 2 3 Depression
 190. 1 2 3 Pain on inside of legs or heels
 191. 1 2 3 Feeling of incomplete bowel evacuation
 192. 1 2 3 Lack of energy
 193. 1 2 3 Migrating aches and pains
 194. 1 2 3 Tire too easily
 195. 1 2 3 Avoids activity
 196. 1 2 3 Leg nervousness at night
 197. 1 2 3 Diminished sex drive

IMPORTANT

Please list below the five main physical complaints you have in order of their importance:

1. _____
2. _____
3. _____
4. _____
5. _____